

PGOSA Walking Group - January

Friday 2 Rathtrevor – Park only by 885 Juniper Road. (6.7 km)

Monday 5 Ravensong – Meet at the Qualicum Beach Civic Centre parking lot, SOUTH end. (5.5km)

Wednesday 7 San Paniel River – Meet at Martindale Road beside the (Orange) Englishman River Bridge in Parksville. (5.8km)

Friday 9 Allsbrook Hatchery – Meet at the end of Allsbrook Road. (7.8km)

Monday 12 Canyon – Meet at the Train Station in Qualicum Beach. (4.5km)

Wednesday 14 Englishman River Walk – Meet at the Parksville Curling Club (Parksville Community Park) parking lot. (5.9km)

Friday 16 Fern Road – Meet at the parking lot at the back of the CIBC Bank in Qualicum Beach. (6.7km)

Monday 19 Kinkade – Meet at Kinkade Road NORTH of Qualicum Beach. (4.6 km.)

Wednesday 21 Pheasant Glen – Meet at the end of Qualicum Road, near Pheasant Glen Golf Course. (4.9km.)

Friday 23 Maple Glen – Meet at the dog run on Despard near the Springwood School. (4.7km)

Monday 26 Virginia Waters - Meet intersection of Alberni Hwy.and Shawn Rd. Coombs (5.5km)

Wednesday 28 Heritage Forest - Meet at the bottom of Memorial Drive by the shore in Qualicum Beach (5.7km)

Friday 30 Rathtrevor - Park only by 885 Juniper Road. (6.7 km.)

Safety guidelines: We usually have faster and slower groups and designate a leader for each at the beginning of the walk. Leaders count the walkers and designate "sweeps" who will know who and where the last walkers are. Tell a leader if you want to leave the group. It's good to have a whistle or cell phone for emergencies. Tell new walkers about the guidelines. If you know of anyone who would like to walk with PGOSA, or if you have suggestions for new walks, or any concerns, please contact Kim Brown 250 954 3213 or Marj Wilkie at 250 248 9776. The Kilometers in brackets represent distance of the walk.